



October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cook's Choice	3 Sloppy Joe's Corn Fruit Side Salad	4 Chicken Caesar Salad Chips Fruit Side Salad	5 Tater tot Breakfast Cassarole Cottage Cheese Fruit Side Salad	6 Pulled Pork Potato Salad Fruit Side Salad
9 Cook's Choice	10 Country Fried Steak Mashed Potato Fruit Side Salad	11 Chilli Dogs Cole Slaw Fruit Side Salad	12 Spaghetti with Meatballs Garlic Bread Fruit Side Salad	13 Cheeseburgers Sidewinders Fruit Side Salad
16 Cook's Choice	17 Parmesan Tilapia Rice Pilaf Fruit Side Salad	18 Hot Ham & Cheese French Fries Fruit Side Salad	19 Chicken Cordon Bleu Baked Beans Fruit Side Salad	20 Reuben Onion Rings Fruit Side Salad
23 Cook's Choice	24 Corn Dogs Mac & Cheese Fruit Side Salad	25 Tuna Salad Chips Fruit Side Salad	26 Bratwurst Carrots Fruit Side Salad	27 Pizza Side Salad
30 Cook's Choice	31 Meatloaf Green Beans Fruit Side Salad	<p align="center">Call 634-7621 by <u>10 AM</u> to sign up for lunch.</p> <p align="center">**Sandwich and chips can be requested except on pizza day and cook's choice day**</p> <p align="center">*All menu items subject to change*</p>		



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Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 YMCA 12:15 Library 5:30 Nami	3 10:00 YMCA 12:15 Journal Junction 1:30 Outreach	4 10:00 Diabets Group 12:15 Wal-mart	5 10:00 YMCA 11:45 Bowling 2:00 Ladies Day Out	6 10:00 Bingo 12:15 Wal-Mart
9 10:00 YMCA 12:15 Book Club 3:00 Pick Your Store	10 10:00 YMCA 12:15 Journal Junction	11 10:00 JC ROCKS 12:15 Aldi's 2:30 Frisbee Golf	12 10:00 YMCA 11:45 Bowling 2:30 Entertainment Hop	13 10:00 Bingo 12:15 Dollar General
16 10:00 YMCA 12:15 Library	17 10:00 YMCA 12:15 Journal Junction 1:30 Outreach	18 10:00 JC ROCKS 12:15 Wal-mart 4:00 Pre Party 6:00 Fall Dance	19 10:00 YMCA 11:45 Bowling	20 10:00 Bingo 12:15 Family Dollar 2:00 Swim @ YMCA
23 10:00 YMCA 12:15 Book Club	24 10:00 YMCA 12:15 Journal Junction 3:30 New Wal-Mart	25 10:00 JC ROCKS 12:15 Aldi's 2:30 Frisbee Golf	26 10:00 YMCA 11:45 Bowling	27 10:00 Bingo 12:15 Dollar Tree 1:30 The Pantry
30 10:00 YMCA 12:15 Library	31 10:00 Music 12:15 MyStrength			