

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 YMCA 10:00 Diabete group 12:15 Wal-Mart 5:00 Museum after Hours	2 6:00 Wardsville Garage Sales 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	3 10:00 Bingo 12:15 Wal-Mart	4
6 10:00 YMCA 12:15 Library 5:30 Nami	7 10:00 YMCA 12:15 IMR New Group 1:30 Outreach	8 10:00 YMCA 12:00 Travel the World 12:15 Aldi's 2:00 Ladies Day Out	9 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	10 9:30 Grief group 10:00 Bingo 12:15 Gerbes/west	11 6:00am St. Martin Garage Sales
13 10:00 YMCA 12:15 Fit Factor 2:00 Walmart/Dollar Tree	14 10:00 YMCA 12:15 Art/Recovery	15 10:00 YMCA 12:15 Wal-Mart 4:30 Pre-party Spring Dance at The Elk's lodge	16 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation 2:30 Entertainment Hop	17 10:00 Bingo 12:15 Here Today	18
20 10:00 YMCA 12:15 Library 2:00 New Wal-Mart Daisy Delight	21 10:00 YMCA 12:15 IMR New Group 5:00 Nami	22 10:00 YMCA 12:15 Aldi's 2:00 Frisbee Golf	23 10:00 YMCA 11:45 Bowling 12:00 Mall walk 12:15 Smoking Cessation	24 9:30 Grief Group 10:00 Bingo 12:15 Family Dollar	25
27 Center Closed for Memorial Day!	28 10:00 YMCA 12:15 Art/Recovery 1:30 Outreach	29 10:00 YMCA 12:15 Wal-Mart	30 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	31 10:00 Bingo 12:15 Dollar Tree	



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<p>Call 634-7621 by <u>10 AM</u> to sign up for lunch.</p> <p>**Sandwich and chips can be requested except on pizza day and cook's choice day**</p> <p>*All menu items subject to change*</p>		1	2	3		
		Bratwurst Baked Beans Fruit Side Salad	Meatball Sub Corn Fruit Side Salad	Shepherd's Pie Cottage Cheese Fruit Side Salad		
		6	7	8	9	10
		Cook's Choice	Beer-battered Cod Cole Slaw Fruit Side Salad	Taco Salad Refried Beans Fruit Side Salad	Chicken Alfredo Green Beans Fruit Side Salad	Cheeseburgers Sidewinders Fruit Side Salad
		13	14	15	16	17
Cook's Choice	Chicken Sandwich Mac & Cheese Fruit Side Salad	Hot Ham & Cheese Onion Rings Fruit Side Salad	Breakfast Cassarole Sausage Links Fruit Side Salad	Sloppy Joe's Mashed Potato Fruit Side Salad		
20	21	22	23	24		
Cook's Choice	Chicken Strips Ranch Potatoes Fruit Side Salad	Chef Salad Chips Fruit	Beef Enchiladas Mexican Rice Fruit Side Salad	BBQ Chicken Sweet Potatoes Fruit Side Salad		
27	28	29	30	31		
CLOSED	Cook's Choice	Roast Beef Wrap Tater Tots Fruit Side Salad	Parmesan Tilapia Rice Pilaf Fruit Side Salad	Pizza Side Salad		
CLOSED						
CLOSED						
CLOSED						