

# March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1  <b>9:30 Grief Group</b> 10:00 Bingo <b>12:15 Dollar General</b>
4  10:00 YMCA 12:15 Library <b>5:30 Nami</b>	5  10:00 YMCA <b>12:15 IMR New Group</b>	6  10:00 YMCA <b>10:00 Diabete Group</b> 12:15 Walmart	7  10:00 YMCA 11:45 Bowling <b>12:00 Mall Walk</b> <b>12:30 Smoking Cessation</b>	8  <b>9:30 Open Group</b> 10:00 Bingo <b>12:15 Wal-Mart</b>
11  10:00 YMCA <b>12:15 Fit Factor</b>	12  10:00 YMCA <b>12:15 Conflict Resoul</b> 1:30 Outreach	13  10:00 YMCA 12:15 Aldi's	14  10:00 YMCA 11:45 Bowling <b>12:00 Mall Walk</b> <b>12:30 Smoking Cessation</b>	15  <b>9:30 Grief Group</b> 10:00 Bingo <b>12:15 Family Dollar</b>
18  10:00 YMCA 12:15 Library	19  10:00 YMCA <b>12:15 IMR New Group</b>	20  10:00 YMCA 12:15 Walmart	21  10:00 YMCA 11:45 Bowling <b>12:00 Mall Walk</b> <b>12:30 Smoking Cessation</b>	22  <b>9:30 Open Group</b> 10:00 Bingo <b>12:15 Here Today</b>
25  10:00 YMCA <b>12:15 Fit Factor</b>	26  10:00 YMCA <b>12:00 Movie @ Center</b>	27  10:00 YMCA 12:15 Aldi's	28  10:00 YMCA 11:45 Bowling <b>12:00 Mall Walk</b> <b>12:30 Smoking Cessation</b>	29  <b>9:30 Grief Group</b> 10:00 Bingo <b>12:15 Dollar Tree</b>



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Call 634-7621 by <b><u>10 AM</u></b> to sign up for lunch.</p> <p><b>**Sandwich and chips can be requested except on pizza day and cook's choice day**</b></p> <p><b>*All menu items subject to change*</b></p>				1
				Bratwurst Potato Salad Fruit Side Salad
4	5	6	7	8
Cook's Choice	Meatball Sub Corn Fruit Side Salad	Taco Salad Refried Beans Fruit Side Salad	Chicken Alfredo Broccoli Fruit Side Salad	Beer-battered Cod Sidewinders Fruit Side Salad
11	12	13	14	15
Cook's Choice	Shepherd's Pie Cottage Cheese Fruit Side Salad	Chicken Sandwich Baked beans Fruit Side Salad	Breakfast Cassarole Sausage Links Fruit Side Salad	Parmesan Tilapia Rice Pilaf Fruit Side Salad
18	19	20	21	22
Cook's Choice	Cheeseburgers Baked Beans Fruit Side Salad	Hot Ham & Cheese Onion Rings Fruit Side Salad	Spaghetti & Meatballs Cheese Sticks Fruit Side Salad	Tuna Salad on bread/crackers Chips Fruit Side Salad
25	26	27	28	29
Cook's Choice	Chicken Enchiladas Mexican Rice Fruit Side Salad	Sloppy Joe's Mashed Potatoes Fruit Side Salad	Chicken Strips Ranch Potatoes Fruit Side Salad	Pizza Side Salad