

# June 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3 10:00 Diabetes Group 12:15 Library 5:30 Nami	4 10:00 YMCA 12:15 IMR New Group 1:30 Outreach	5 10:00 YMCA 12:15 Aldi's 5:00 Museum afer Hours	6 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation 2:00 Ladies Day Out	7 9:30 Grief group 10:00 Bingo 12:15 Gerbes/west 2:00 Frisbee Golf	8
10 10:00 YMCA 12:15 Fit Factor 2:00 Walmart/ Dollar Tree	11 10:00 YMCA 12:15 Art/ Recovery	12 10:00 BBQ/ Bingo at the Park	13 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation 2:00 Entertainment Hop	14 10:00 Bingo 12:15 Wal-Mart	15
17 10:00 YMCA 12:15 Library 12:15 Virtual Visit to Spain	18 10:00 YMCA 12:15 IMR New Group 5:00 Nami	19 10:00 YMCA 12:15 Aldi's 2:00 Swim at Memorial Pool	20 10:00 YMCA 11:45 Bowling 12:00 Mall walk 12:15 Smoking Cessation	21 9:30 Grief Group 10:00 Bingo 12:15 Family Dollar 2:00 Frisbee Golf	22
24 10:00 YMCA 12:15 Fit Factor 2:00 New Wal-Mart Daisy Delight	25 10:00 YMCA 12:15 Art/ Recovery 1:30 Outreach	26 10:00 YMCA 12:15 Wal-Mart 12:15 Learn how to play the Dice game	27 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	28 10:00 Bingo 12:15 Dollar Tree	29



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Monday	Tuesday	Wednesday	Thursday	Friday
3 Cook's Choice	4 Spaghetti with Italian Sausage Cheese Sticks Fruit Side Salad	5 Tuna Salad on bread/crackers Chips Fruit Side Salad	6 Mushroom & Swiss Burgers Corn Fruit Side Salad	7 Country Fried Steak Mashed Potato Gravy Fruit Side Salad
10 Cook's Choice	11 Chicken Cordon Bleu Baked Beans Fruit Side Salad	12 Hot Dogs/Burgers Baked Beans/chips Fruit salad/cookies	13 McRib Potato Salad Fruit Side Salad	14 Potato-crusted Cod Cole Slaw Fruit Side Salad
17 Cook's Choice	18 Lasagna Meat or Veg. Garlic Bread Fruit Side Salad	19 Chilli Dogs Sidewinders Fruit Side Salad	20 Biscuits & Gravy Scrambled Eggs Fruit Side Salad	21 Reuben Broccoli Fruit Side Salad
24 Cook's Choice	25 Pulled Pork Carrots Fruit Side Salad	26 Cheesy Meatloaf Augraten Potatoes Fruit Side Salad	27 Tuna Cassarole Green Beans Fruit Side Salad	28 Pizza Side Salad



Call 634-7621 by **10 AM**  
to sign up for lunch.

**\*\*Sandwich and chips can be requested except on pizza day and cook's choice day\*\***

**\*All menu items subject to change\***