

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed Happy New Year	2 10:00 YMCA 10:00 Diabete Group 1:30 Aldi's	3 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	4 9:30 Grief Group 10:00 Bingo 12:15 Gerbes
7 10:00 YMCA 12:15 Library 12:15 Conflict Resoul 5:30 Nami	8 10:00 YMCA 12:15 Fit Factor 1:30 Outreach	9 10:00 Diabetes 10:00 YMCA 12:15 Walmart	10 8:30 Bargin Breakfast 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	11 9:30 Open Group 10:00 Bingo 12:15 Wal-Mart
14 10:00 YMCA 12:15 Conflict Resoul 2:00 Walmart/ Dollar Tree	15 10:00 YMCA 12:15 Wellness	16 10:00 YMCA 12:15 Aldi's 2:00 Entertainment Hop	17 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation 2:00 Ladies Day Out	18 9:30 Grief Group 10:00 Bingo 12:15 Family Dollar
21 10:00 YMCA 12:15 Conflict Resoul	22 10:00 YMCA 12:15 Fit Factor 1:30 Outreach	23 10:00 Diabetes 10:00 YMCA 12:15 Walmart	24 10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:15 Smoking Cessation	25 9:30 Open Group 10:00 Bingo 12:15 Dollar Tree
28 10:00 YMCA 12:00 Movie @ Center 12:15 Library 12:15 Conflict Resoul 1:30 New Walmart	29 10:00 YMCA 12:15 Wellness	30 10:00 YMCA 12:15 Aldi's	31	



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Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED CLOSED CLOSED CLOSED	2 Bratwurst Potato Salad Fruit Side Salad	3 Meatball Sub Corn Fruit Side Salad	4 Shepherd's Pie Cottage Cheese Fruit Side Salad
7 Cook's Choice	8 Spaghetti & Meatballs Cheese Sticks Fruit Side Salad	9 Beer battered Cod Tater Tots Fruit Side Salad	10 Chicken Alfredo Broccoli Fruit Side Salad	11 Taco Salad Refried Beans Fruit Side Salad
14 Cook's Choice	15 Lasagna Garlic Bread Fruit Side Salad	16 Chicken Sandwich Green Beans Fruit Side Salad	17 Breakfast Cassarole Sausage Links Fruit Side Salad	18 Cheeseburgers Sidewinders Fruit Side Salad
21 Cook's Choice	22 Sloppy Joes Mashed Potatoes Fruit Side Salad	23 Hot Ham & Cheese Onion Rings Fruit Side Salad	24 Chicken Strips Ranch Potatoes Fruit Side Salad	25 Pizza Side Salad
28 Cook's Choice	29 Chicken enchiladas Mexican Rice Fruit Side Salad	30 Roast Beef & Cheddar Wrap Au Graten Potatoes Fruit Side Salad	31 Create Your Own Sub Chips Fruit Side Salad	