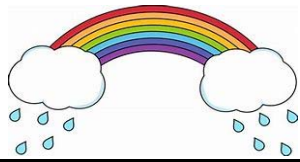
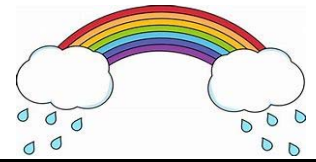



April 2019

Monday		Tuesday		Wednesday		Thursday		Friday	
1	10:00 YMCA 12:15 Library 5:30 Nami	2	10:00 YMCA 12:15 IMR New Group	3	10:00 YMCA 12:15 Walmart	4	10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:30 Smoking Cessation	5	9:30 Open Group 10:00 Bingo 12:15 Target
8	10:00 YMCA 12:15 Fit Factor	9	10:00 YMCA 12:15 Wellness	10	10:00 YMCA 10:00 Diabete Group 12:15 Aldi's	11	10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:30 Smoking Cessation	12	9:30 Open Group 10:00 Bingo 12:15 Dollar Gener
15	10:00 YMCA 12:15 Library	16	10:00 YMCA 12:15 IMR New Group 5:30 Nami	17	10:00 YMCA 12:15 Walmart	18	10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:30 Smoking Cessation	19	9:30 Open Group 10:00 Bingo 12:15 Walmart
22	10:00 YMCA 12:15 Fit Factor	23	10:00 YMCA 12:15 Wellness	24	9:30 Open Group 10:00 YMCA 12:15 Aldi's	25	10:00 YMCA 11:45 Bowling 12:00 Mall Walk 12:30 Smoking Cessation	26	9:30 Open Group 10:00 Bingo 12:15 Dollar Tree
29	10:00 YMCA 12:00 Movie @ Center 12:15 Library	30	10:00 YMCA 12:15 IMR New Group					29	



April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Cook's Choice	2 Mushroom & Swiss Burgers Corn Fruit Side Salad	3 Chilli Dogs Sidewinders Fruit Side Salad	4 Country Fried Steak Mashed Potato Fruit Side Salad	5 Potato-crusted Cod Rice Fruit Side Salad
8 Cook's Choice	9 Oven-fried Chicken Potato Salad Fruit Side Salad	10 Chicken Cordon Bleu Baked Beans Fruit Side Salad	11 McRib Peas Fruit Side Salad	12 Tuna Cassarole Green Beans Fruit Side Salad
15 Cook's Choice	16 Pulled Pork Carrots Fruit Side Salad	17 Corn Dogs Onion Rings Fruit Side Salad	18 Biscuits & Gravy Scrambled Eggs Fruit Side Salad	19 Spaghetti & meatballs Cheese Sticks Fruit Side Salad
22 Cook's Choice	23 Lasagna Garlic Bread Fruit Side Salad	24 Cheesy Meatloaf AuGraten Potatoes Fruit Side Salad	25 Create Your Own Sub Sandwich Chips Fruit Side Salad	26 Pizza Side Salad
29 Cook's Choice	30 Reuben Broccoli Fruit Side Salad	 <p>Call 634-7621 by <u>10 AM</u> to sign up for lunch.</p> <p>**Sandwich and chips can be requested except on pizza day and cook's choice day**</p> <p>*All menu items subject to change*</p>		